

Acquired Brain Injury Partnership Project

...a range of community-based brain injury services managed by the Ministry of Health and funded by SGI

Programs and Services

April 2019

PROVINCIAL COORDINATION

Provincial ABI Coordinator

Michele Cairns is the Provincial ABI Coordinator. This position is responsible for the overall monitoring and support of all the component parts of the ABI Partnership Project, including the Advisory Group, the Program Evaluation activities, the Prevention and Education activities, the Outreach Support Programs (three teams) and all the grant projects. Michele can be reached at:

Michele Cairns
Ministry of Health
Community Care Branch
3475 Albert Street
Regina SK S4S 6X6
Phone: (306) 787-6949
Fax: (306) 787-7095
Email: mcairns@health.gov.sk.ca

Provincial ABI Prevention & Education Coordinator

Kelly Froehlich is the Provincial ABI Prevention & Education Coordinator. She is responsible for the development and implementation of two provincial strategies, one for the coordination of prevention activities related to ABI and the other in regards to the educational needs of survivors, families, caregivers, professionals and the public. Kelly can be reached at:

Kelly Froehlich
Ministry of Health
Community Care Branch
3475 Albert Street
Regina SK S4S 6X6
Phone: (306) 787-0802 (Regina)
Phone: (306) 693-3275
(Moose Jaw)
Fax: (306) 787-7095
Email: kfroehli@health.gov.sk.ca

OUTREACH TEAMS

Who are we?

Each outreach team consists of a variety of rehabilitation professionals experienced in the field of acquired brain injury. The outreach teams provide services through the Saskatchewan Health Authority and are located in Prince Albert (Sask North), Saskatoon (Sask Central) and Regina (Sask South). The outreach teams are responsible for providing services in the following *former* health regions:

Sask North

- ◆ Prince Albert Parkland, Kelsey Trail, Athabasca, Keewatin Yatthé, Mamawetan Churchill River Health Regions

Sask Central

- ◆ Saskatoon, Heartland, Prairie North Health Regions

Sask South

- ◆ Regina Qu'Appelle, Sun Country, Five Hills, Cypress, Sunrise Health Regions

Our Mission

To provide individual and family support to people with acquired brain injury so that they may live successfully in their communities with improved quality of life.

How Do You Reach Us?

For more information please contact the team responsible for your health region.

The teams accept self referrals as well as those from health facilities, physicians, any rehabilitation program or professional support services, schools or community agencies.

Sask North ABI Outreach Team

Jolene McLeod

Clinical Team Leader

1521 – 6th Avenue West

Prince Albert SK S6V 5K1

Phone: (306) 765-6631

Fax: (306) 765-6657

Toll free: 1-866-899-9951

Sask Central ABI Outreach Team

Bernene Cohen

Outreach Team Manager

Saskatoon City Hospital

701 Queen Street

Saskatoon SK S7K 0M7

Phone: (306) 655-7743

Fax: (306) 655-8454

Toll free: 1-888-668-8717

Sask South ABI Outreach Team

Gwen Windsor

Outreach Team Manager

Wascana Rehabilitation Centre

2180 – 23rd Avenue

Regina SK S4S 0A5

Phone: (306) 766-5617

Fax: (306) 766-5144

Toll free: 1-866-766-5617

COMMUNITY-BASED PROGRAMS

Saskatchewan Brain Injury Association (SBIA)

*Advocacy and Support Services for
Survivors and their Families*

Serving all of Saskatchewan

SBIA strives to prevent brain injuries and to improve the lives of survivors and their families. It is a provincial grassroots organization founded in 1985 by family members to support survivors and families.

SBIA assists in developing networks for both survivors and family members which may provide a vehicle for interacting with individuals with similar issues and problems; decreasing the social isolation that families sometimes face after a family member incurs a brain injury; and offering social support during crisis periods.

Support groups for survivors as well as for caregivers operate in several communities. In addition, SBIA hosts three annual provincial events and holds weekly programs in major centres that include youth, walking and drumming groups.

The Association also produces and distributes educational materials and resources. SBIA promotes awareness of brain injury and its prevention through annual Brain Injury Awareness Month posters, materials and displays.

Glenda James
Saskatchewan Brain Injury Association
Head Office: 322 – 310 Main Street North
Moose Jaw SK S6H 3K1

Saskatoon Office: St. Paul's Hospital
1702 - 20th Street West
3rd Floor, C-Wing, Rooms 421-422
Saskatoon SK S7M 0Z9

Phone: (306) 373-1555
Cell: (306) 692-7242
Toll free: 1-888-373-1555

Phoenix Residential Society, Regina ABI Community Residential Program Serving all of Saskatchewan

Phoenix Residential Society's PEARL Program is a supported apartment living program staffed on a 24-hour basis for ABI survivors requiring residential support. In addition, a supportive living program is provided for individuals who are living in a home of their choice, who do not require 24-hour in-house support services. The program's goal is to enable individuals with ABI to live more independently in the community by assisting in the restoration of as much functional ability and quality of life as possible.

Sheila Wignes-Paton,
A/Executive Director
Admin Office:
2035B Osler Street
Regina SK S4P 1W5
Phone: (306) 569-1977
Fax: (306) 569-1986

Tyler Smidt,
ABI Program Coordinator
PEARL Program:
1914 Halifax Street
Regina SK S4S 0T5
Phone: (306) 569-4177

SaskAbilities - Regina Branch
Supported Employment &
Quality of Life Programs
Serving all of Saskatchewan

Partners in Employment, the employment services division of SaskAbilities provides **Supported Employment** services to individuals with an acquired brain injury. Appropriate individuals for the service have the interest and skills necessary to pursue employment in their community and demonstrate a willingness to participate. The service guides and supports individuals through the process of obtaining and maintaining employment. Clients receive programming on an individual basis that may include: developing employability skills, preparation of a resume and interview skills, managing changes at the work place, job coaching, and attaching clients to the labour market. ABI Supported Employment clients benefit from ongoing individualized support, which serves to assist them in finding, securing and maintaining employment.

Partners in Employment
ABI Supported Employment Program
Phone: (306) 522-2555

The **Quality of Life Program** is designed to promote and facilitate personal and social rehabilitation of adults living in the community who have an acquired brain injury. The program is client-centred, individualized and flexible to meet the specific needs of each participant. Program activities will take place in the community and when required, in the individual's home environment.

SaskAbilities, Regina Branch
825 McDonald Street
Regina SK S4N 2X5
Phone: (306) 569-9048
Fax: (306) 352-3717

Sask North Independent Living Program
Serving former Prince Albert Parkland, Kelsey Trail,
Keewatin Yatthé, Mamawetan Churchill River and
Athabasca Health Regions

This program provides residential options for persons identified as having an acquired brain injury. The program will support individuals to find and maintain appropriate accommodation and ensure supervision and skill development is provided. Individuals will be assisted in exploring and accessing vocational and prevocational options within the community and encouraged to participate in rehabilitation services.

Carma Smith, Case Manager
Sk North Independent Living
214 - 1521 - 6th Avenue West
Prince Albert SK S6V 5K1
Phone: (306) 765-6468
Fax: (306) 765-6657

Melfort
Speech Language Pathologist
Serving the former Kelsey Trail Health Region

This position has a base office in Melfort, while providing services throughout the former Kelsey Trail health region. In addition to specific speech/language services, this position also acts as a case co-ordinator and facilitates community development initiatives, working closely with the Sask North ABI Outreach Team.

Tracie Hancock, Speech Language Pathologist
Parkland Place
Box 2260
505 Broadway Avenue North
Melfort SK S0E 1A0
Phone: (306) 752-1754
Fax: (306) 752-1755

Multiworks Vocational Training Corp.
Meadow Lake
Community-Based Support Program

Multiworks is an organization that offers vocational and residential options to persons with developmental disabilities. Components of the program include lifeskills, vocational/avocational, social, educational and stroke groups. There is no age restriction for these support services, with a focus on individualized preparation for community reintegration.

Dave Thickett, Executive Director
301 Centre Street
Meadow Lake SK S9X 1Y3
Phone: (306) 236-3200
Fax: (306) 236-3335

Lloydminster & Area Brain Injury Society
(LABIS), Lloydminster
Community-Based Life
Enrichment Program

Participants who come to the Life Enrichment Program have many different and difficult issues to deal with. To be able to accept their injury and live a life of quality is quite a struggle. This program offers a place for them to come where they are accepted as they are, where they can grow in terms of self-acceptance and self-confidence. This three day per week program is designed to promote an independent lifestyle and consists of: exercise, mental aerobics, reality orientation, current events, basic life skills, crafts, games and cards, music, special guests, special events and field trips. Personal Support is offered to the participants on an individual basis, one day per week.

L.A.B.I.S.
#3, 4620 – 44 Street
Lloydminster SK S9V 0G4
Phone: (306) 825-7212
Fax: (306) 825-7213

Radius Community Centre for Education & Employment Training, Saskatoon
Community Integration Program: Children & Youth with ABI; Summer Fun Program

The *Community Integration Program (CIP)* provides a transitional community integration service geared for school age children and youth with an ABI who currently reside and attend school within the Saskatoon service area. With the assistance of a community support worker, service is provided primarily in social and recreation settings. The service also extends into personal management skills, work experience and pre-vocational training. The program utilizes existing community resources and programs in the development of the integration plan. Support is available after school, evenings, and weekends, and during the summer. The CIP will also provide consultation at a program level to programs outside the Saskatoon service area.

In addition, the *Summer Fun Program* was developed in partnership with local day camps to complement the community integration program. The goal is to provide accessible social and recreational experiences for children during the summer months. This program is provided at a minimal or no cost to the family, and children attend the camp they choose with a support worker.

Mark Lich
RADIUS
611 – 1st Avenue North
Saskatoon SK S7K 1X7
Phone: (306) 665-6682
Fax: (306) 665-5579
Email: abi.radius@sasktel.net
Website: www.radiuscentre.com

**Saskatchewan Association for the
Rehabilitation of the Brain Injured (SARBI)
Individual Rehabilitation & Life Enrichment
Programming**

There are SARBI programs in Saskatoon, Regina and Kelvington.

SARBI Saskatoon and Regina programs are designed to provide opportunities for survivors of acquired brain injury to re-learn and practice the social skills that were lost in their brain injury. SARBI does this by matching comparable groups (similar age, similar interests) of individuals and providing these small groups with directed social and recreational activities. This service has options of: full day program, half-day program and men's and women's groups. As well, SURFACES is a Friday evening social/peer program offered to youth aged 18-30 years.

During the summer, SARBI has community reintegration programs in Saskatoon and Regina. These programs give participants opportunities to enjoy community events and recreation in their city.

SARBI also provides support to families and caregivers of survivors of ABI by helping connect them to other services and to each other.

East Central SARBI provides an individual rehabilitation program designed for adults with an acquired brain injury. Volunteers, under the guidance of staff, professional therapists and consultants, play a central role in the rehabilitation services provided to the client. East Central SARBI also provides life enrichment through individual program planning and summer programming.

Elizabeth Hummel
SARBI Saskatoon
#5 – 501 45th Street West
Saskatoon SK S7L 5Z9
Phone: (306) 373-3050
Fax: (306) 373-3925

Email: sarbisaskatoon@sasktel.net
Website: sarbi.ca



Shantelle Seibel
SARBI Regina
4506 Sherwood Drive
Regina SK S4R 4B4
Phone: (306) 347-9088
Email: sarbiiregina@sasktel.net



Lauren Yakimoski
East Central SARBI
Box 699
Kelvington, SK S0A 1W0
Phone: (306) 327-4595
Fax: (306) 327-4502
Email: ecsarbi@sasktel.net

**Saskatoon Crisis Intervention Service,
Saskatoon
Crisis Management Service (CMS)
Serving the City of Saskatoon**

Crisis Management Service (CMS) provides crisis intervention, service coordination and crisis management to individuals with acquired brain injury and their families, when crises persist and a high level of risk is present. CMS provides practical and proactive assistance to this group until the risk is reduced and mainstream services can be arranged. Consultation services are also available to other service providers and supports.

Rita Field / Jordan Mills
Saskatoon Crisis Intervention Service
#103, 506 – 25 Street East
Saskatoon, SK S7K 4A7
Phone: (306) 933-8234
Fax: (306) 644-1974

SaskAbilities - Saskatoon Branch
Supported Employment & Community
Support Services
Serving Saskatoon Health Region

Supported Employment is paid employment at a rate equal to or exceeding minimum wage, with training and/or support provided. Supported employment is made up of three components: job development, job coaching and ongoing support. Individuals with ABI applying to this program need to be able to function independently in terms of personal care, demonstrate a willingness to participate, be capable of some form of two-way communication, have completed a vocational evaluation, have established realistic vocational goals, including at least two (2) occupational choices, have a family physician and be medically stable.

Community Support Services

The goal of Community Support Services is to enhance the quality of life of adults of ABI by assisting them in engaging in meaningful activity, becoming more independent, and becoming more integrated in the community.

Emily Hurd
Program Manager
SaskAbilities, Saskatoon Branch
1410 Kilburn Avenue
Saskatoon, SK S7M 0J8
Phone: (306) 653-1694
Fax: (306) 652-8886

SaskAbilities Council - Yorkton Branch
ABI Life Enrichment Program
Serving Sunrise Health Region

The **Life Enrichment Program** is designed to promote and facilitate personal and social rehabilitation of adults living in the community who have an acquired brain

injury. The program is client-centred, individualized and flexible to meet the specific needs of each participant. Program activities will take place in the community and when required, in the individual's home environment.

Myrna Schick
SaskAbilities, Yorkton Branch
162 Ball Road
Yorkton, SK S3N 3Z4
Phone: (306) 782-2463
Fax: (306) 782-7844

Sherbrooke Community Centre
ABI "Moving On"
Life Enrichment Day Program

This program is a partnership between Sherbrooke Community Centre and the Sask Central ABI Outreach Team. The purpose of the program is to work with survivors of ABI to develop independent living skills to enable access to other programs through:

- Improving social skills and communication
- Developing skills about meal planning, preparation and clean up
- Developing basic money management skills
- Providing education regarding ABI and other relevant topics
- Improving community interaction /integration

Sherbrooke Community Centre
c/o Deb Schick
401 Acadia Drive
Saskatoon SK S7H 2E7
Phone: (306) 655-3742
Fax: (306) 655-3741

ABI Regional Coordinators

There are five ABI Coordinators with the Saskatchewan Health Authority, located throughout the province. They are located in the communities of Swift Current, Moose Jaw, Weyburn, Yorkton, and Lloydminster and provide client service within the boundaries of their respective former health regions. The Coordinators engage in community development and case management activities to facilitate effective community reintegration of individuals with ABI.

The ABI Coordinators work to bridge the gap in service between acute care/rehabilitation and the community. They assist the survivor through the reintegration process while focusing ultimately on an optimal quality of life for the survivor and the family. The ABI Coordinators' functions fall within three main areas: identifying, co-ordinating and supporting community programs and resources that meet the individual needs of the ABI survivor; family support and education; and identifying and supporting appropriate residential options. In order to implement individualized care plans community development is a central role of the ABI Coordinators. The ABI Coordinators also facilitate education and training of other human service providers.

Weyburn ABI Coordinator

Serving the former Sun Country Health Region

Paula Ealey
808 Souris Valley Road
Box 2003
Weyburn SK S4H 2Z9
Phone: (306) 842-8315
Fax: (306) 842-8450



Moose Jaw ABI Coordinator

Serving the former Five Hills Health Region

Troy Rusu
Providence Place
100 - 2nd Avenue N.E.
Moose Jaw SK S6H 1B8
Phone: (306) 691-1591
Fax: (306) 692-6220



Swift Current ABI Coordinator

Serving the former Cypress Health Region

Marilyn Durant
350 Cheadle Street
Swift Current SK S9H 4G3
Phone: (306) 778-5290
Fax: (306) 778-5408



Yorkton ABI Coordinator

Serving the former Sunrise Health Region

Janet Lemaire
270 Bradbrooke Drive
Yorkton SK S3N 2K6
Phone: (306) 786-0183
Fax: (306) 786-0179



Lloydminster ABI Coordinator

Serving the former Prairie North Health Region

Tricia Harvey
#101 – 4910 50th Street
Lloydminster SK S9V 0Y5
Phone: (306) 820-2553

(ABI Program) Mobile Crisis Services Inc.
Service Coordination & Case Management
for Survivors of ABI
Serving the City of Regina

This program provides services including case management and service coordination to survivors of ABI and their families. Crisis Intervention services provide a larger safety net for this group and their supports. The ABI Program at Mobile Crisis provides intense, proactive community help to this group who are unable to get their needs met through mainstream services. The overall goal of this program is to facilitate community reintegration by linking with the appropriate resources.

John McFadyen / Jan Thorson
Executive Director / Asst Exec Director
Mobile Crisis Services Inc.
1646 - 11th Avenue
Regina SK S4P 0H4
Phone: (306) 757-0127
Fax: (306) 757-7807

Norma Sorenson
ABI Case Manager
Phone: (306) 757-7804

Saskatchewan Prevention Institute
Serving all of Saskatchewan

Partnership funding enables the Institute to implement programming and develop resources to prevent acquired brain injury for children. The Institute, through its existing networks and partnerships develops and/or enhances programming in the areas of falls, bicycle safety, child passenger safety and other relevant topics.

Cara Zukewich
Saskatchewan Prevention Institute
1319 Colony Street
Saskatoon SK S7N 2Z1
Phone: (306) 651-4316
Fax: (306) 651-4301

www.preventioninstitute.sk.ca

Education and Prevention Coordinators

Funding is provided for designated ABI Education and Prevention positions for the North, Central and Southern regions of the province. These positions assist communities to develop effective injury prevention initiatives. These positions are also responsible for raising general awareness of ABI and its effects on individuals and their families; and to provide education to individuals who have sustained a mild brain injury and/or their families.

Jennie Knudsen
North ABI Education & Prevention Coordinator
C/O Sask North Outreach Team
1521 - 6th Avenue West
Prince Albert SK S6V 5K1
Phone: (306) 765-6470
Fax: (306) 765-6657



Lisa McGowan
Central ABI Education and Prevention Coordinator
C/O Sask Central Outreach Team
701 Queen Street
Saskatoon SK S7K 0M7
Phone: (306) 655-8433
Fax: (306) 655-8454



Lorie Norris
South ABI Education and Prevention Coordinator
C/O Sask South Outreach Team
2180 – 23rd Avenue
Regina SK S4S 0A5
Phone: (306) 766-5760
Fax: (306) 766-5144

Independent Living Programs

There are five ABI Independent Living Programs. The programs facilitate independent living goals for ABI survivors through contracted support services. With the exception of SIGN, Yorkton, these programs are administered by the ABI Coordinators within their respective former health regions:

Cypress Independent Living
c/o Marilyn Durant
#400 – 350 Cheadle Street West
Swift Current SK
Phone: (306) 778-5290
Fax: (306) 778-5408



Five Hills Independent Living
c/o Troy Rusu
100 – 2nd Avenue NE
Moose Jaw SK
Phone: (306) 691-1591
Fax: (306) 692-6220



Prairie North Independent Living
c/o Tricia Harvey
#101 – 4910 50th Street
Lloydminster SK
Phone: (306) 820-2553
Fax: (306) 820-6251



Sun Country Independent Living
c/o Paula Ealey
808 Souris Valley Road
Weyburn SK
Phone: (306) 842-8315



**Society for the Involvement of Good Neighbours
(SIGN)**
345 Broadway Street W
Yorkton SK S3N 0N8
Phone: (306) 783-9422
Fax: (306) 783-9426